

## **PEDAGOGY**

*[in 8059411 PEDAGOGY AND PSYCHOLOGY AND SOCIOLOGY]*

**Course ID:** M-PED/04

**ECTS:** 5

**1<sup>st</sup> Year:** 1<sup>st</sup> semester

**Teacher:** PROF. PANTANELLA Laura

**Objectives:** The aim of the course is to introduce the theoretical and methodological fundamentals of pedagogy with particular reference to educative process and experimental research in the educational field, with health-related applications.

**Program:**

The course explores a series of experimental pedagogy processes relevant to most of the behavioral sciences and their applications in physical activity and health promotion.

Main Contents:

1. From pedagogy to experimental pedagogy
2. Educational process and lifestyle
3. Experimental research in the educative field and its methodologies.
4. Sport and education to wellness.

At the end of the course students are expected to know the essentials about pedagogy, experimental pedagogy, and their role in physical activity and health promotion. Moreover they have to understand and be able to explain and critically analyze research articles related to the topics and available in literature. The students are also expected to outline the most important issues about pedagogy and health promotion.

**Textbooks:** The teacher provides study materials, readings and research articles.

**Exam method:** oral exam and project assessment